This is an example of a budget to accompany Tanya’s 6-month review. The content aims to demonstrate good practice in completing a regular review for a High Need Package. There is no single solution to meeting complex needs as every individual has a unique interaction between their health and social needs. As such the information is not intended to suggest the content of another individual’s review.

Together Home

High Needs Support Package

High Needs Panel

Budget Template

|  |  |  |  |
| --- | --- | --- | --- |
| Individual Name | Tanya Jones | Individual ID | THCI-00000 |
| D.O.B | 1/07/1997 | Date Referred | 1/12/2020 |
| Referring Agency | Western Community Housing | District  | Murrumbidgee, Far West and Western |

Current support package

Include existing support under Together Home and other support systems, as well as any existing HNP funding in the case of reviews.

**The budget includes all of Tanya’s existing supports, including those provided in the Together Home program and through other support systems such as community-based health.**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Need** | **Intervention** | **Frequency** | **Service Provider** | **Fees per encounter/service** |
| Safety | Telephone DFV Counselling and safety planning | Monthly | Women’s DFV Service | $0 |
|  Physical health - managing diabetes | Chronic disease plan GP management plan | Quarterly | Dr Green, Aboriginal Medical Service | $0 |
| Mental health | Mental health plan | Quarterly | Dr Brown, Murrumbidgee  | $0 |
| Physical health – dental | Dental health | Quarterly | Aboriginal Medical Service | $0 |
| Cultural linkages and support | Cultural identity support | Weekly | Aboriginal Coorporation | $0 |
| Maintain tenancy | Independent life skills | 1/hr a day, 7 days per week | Together Home program | $78/hr$26,806 /year |
| Substance use | Talk therapy – initial consultation and follow up sessions if required | Monthly | HealthyTalk National | $900 initial consultation$1,284 for sessions |
| Domestic violence | Additional home security | One off | Gold star security systems | $2,000 |
| Maintain tenancy | Life skills support | Additional 2 hrs per day, 7 days a week for first 6 months, then reduced to 2 hrs weekly | Together Home support provider | $16,848 |
| Physical health and mental wellbeing | Neuropsychological assessment | One off | Wagga Wagga Neuropsychological Services | $5,000To be rolled over and used in June 2021 |
| Physical health and mental wellbeing | Facilitate transport and support provided when attending health appointments | 2 appointments per month | Together Home support provider | $5,616 |



**The budget notes where approved funding has not been spent to date, and provides an expected date for the support to commence**

**The request for additional funding aligns with the additional support needs identified in the 6-month review.**

**The budget includes the supports approved in Tanya’s original HNP referral.**

Additional package requirements

**The budget recognises the need to find culturally appropriate service providers for Tanya.**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Need** | **Outcome criteria** | **Intervention** | **Frequency** | **Service Provider** | **Fees per encounter/service** | **Duration of service provision**  | **Total** |
| Mental Health  | Treatment for past traumas to work with Tanya to reframe her story more positively. | Psychological therapy with trauma specialist.  | Once a fortnight | TBC – seeking culturally safe provider  | Estimate $250 per visit | 12 months | $6,500 |
| Physical health and mental wellbeing | Increased physical fitness and mental wellbeing through exercise | Pool and gym membership at local aquatic centre, include the option to attend a range of fitness classes as well as swimming | One off 12-month member-ship | T J Gray Aquatic Centre | $720  | 6 month | $500 |
| Physical health and mental wellbeing | Increased physical fitness and mental wellbeing through exercise | Fitness accessories for use at home and at pool/gym, includingswimming accessories (2 swimsuit, googles, towel, swim cap, bag) Home exercise kit, including yoga mat and accessories and hand weight set  | One off | Rebel Sport | Swimming accessories $225Home exercise kit $100 |  | $325 |
| **TOTAL** | **$7,325** |



**The budget goes beyond standard service responses to find ways to support Tanya’s physical and mental wellbeing.**

**The items requested in the budget allow Tanya a level of personal choice for achieving her physical health goals.**



**The plan reflects the supports included in the original referral and review. It provides realistic timeframes for Tanya’s progress and next steps.**

Long term plan – transition to mainstream service provision

|  |  |  |
| --- | --- | --- |
| **Goal**  | **Action** | **Stage (by when)** |
| Increased mental and physical wellbeing | Depending on outcome of neuropsychological assessment, transition to HASI or NDIS | Application within next 12 months, transition before end of the 2-year TH program |
| Increased mental wellbeing | Support to have confidence and ability to maintain engagement with primary health care practitioners and public health mental health services | By end of the 2-year TH program |
| Maintain financial stability | Apply for disability pension | Within the next 12 months |